

I like myself now, reveals 'Britain's fattest teenager' after losing 15st in U.S. fat camp

By [DAILY MAIL REPORTER](#)

Last updated at 11:46 AM on 23rd June 2009

A girl dubbed the country's fattest teenager has lost almost 15 stone after attending a weight-loss camp in the United States.

Georgia Davis, 16, of Aberdare, South Wales, weighed 33st last August before attending the £3,600-a-month Wellspring Academy in North Carolina.

She told GMTV today that she finally like the shape of her body.



What a difference: Now weighing 18st, Georgia Davis stands next to a cardboard cut-out of herself when she was a dangerously overweight 33st

The 5ft 6ins teenager now weighs just 18.4st. Doctors had told her if she did not lose weight she could die.

'I used to look at myself in the mirror and cry. Now I smile and say, "Yeah, I like myself".

'I like my face and the way my body is shaped. The world is my oyster and I feel I can achieve anything.



Progress: Georgia at her heaviest (left) and pictured showing off her figure after shedding 14st (right)

On her return from the camp, which she attended on a special scholarship, her family was shocked by her physical transformation.

'My mum didn't recognise me at the airport.

'I had to run up and show her it was me - she just cried and cried,' she told The Sun.

The teenager, who has even beaten her Type 2 diabetes thanks to her weight loss, will return to the camp later this year in a bid to get her weight to 12st.



Healthy habits: Georgia appeared on GMTV today and discussed how she no longer gorges on crisps and sandwiches and sticks to to fruit and cereal instead



Chubby: Georgia's weight problems began when she was a child

She admitted she gained weight when she started comfort eating after the death of her father.

She said: 'I'd eat to comfort myself and afterwards I'd feel worse and I'd eat again.'

She told GMTV the regime in the camp helped her lose weight.

She said: 'I loved the people and the way they treated you.'

'They treated us as people and we did all the exercise and it's actually fun.'

She added: 'I can't wait to show off the new me to my old friends and do the things I've always wanted to do with them – bowling, shopping, normal stuff.'

'I'm not really ready to think about boys but if someone asks me out, that's cool.'

At the age of 15, Georgia's doctors were so concerned about her weight that they put her life expectancy at 20, but just one year on, this has leapt to 80.

Thanks to the food psychologists and fitness trainers at the Wellspring Academy, the teenager no longer gorges on cheese, crisps and chocolate biscuits and now swears by salad and buffalo meat.



Obese: Georgia's weight was ballooning out of control and doctors warned she could die as a result

At her heaviest, Georgia would polish off two loaves of bread, six packs of crisps, two packets of chocolate biscuits, a ready meal, a chocolate cake, a giant plate of crisps and five lots of sandwiches.

This feast would be washed down with four litres of milk and four litres of Coca-Cola.

To top off this daily intake of 6,000 calories, Georgia would do no exercise at all.

Now however, she enjoys a bagel and yoghurt for breakfast, followed by pasta and soup for lunch and a green salad and a buffalo burger in a bun for dinner - totaling just 1,500 calories.

She also exercises daily by hiking and playing basketball and volleyball.